RAQUEL'S KITCHEN

FEEL IT, LOVE IT, CRAVE IT

FOOD MENU

AT

THE PICK & SHOVEL

BOREHAMWOOD EST.2024

Follow the smell, come in hungry & leave happy!

MON - CLOSED • TUE - THU: 9.00 AM - 7.30 PM

FRI - SAT: 9.00 AM - 8.30 PM • SUNDAY: 12.00 PM - 5.30 PM

Scan & Order

BREAKFAST

Everything you expect for breakfast is freshly cooked and served hot.
The perfect start to your morning.
Served: Tue-Sat 9.00am-11.30am

LIGHT ENGLISH BREAKFAST
1 pork sausage, 1 rasher of bacon, 1 free-range egg (fried), baked beans, 1 hash brown, grilled tomato, sauteed mushrooms, 1 toasted bread with butter **£10.50**

FULL ENGLISH BREAKFAST
2 pork sausages, 2 rashers of bacon, 2 free-range eggs (fried), baked beans, 2 hash browns, grilled tomato, sauteed mushrooms, 2 toasted slices of bread with butter **£12.50**

VEGETARIAN BREAKFAST
2 vegetarian sausages, 1 free-range egg (fried), baked beans, 1 hash brown, grilled tomato, sauteed mushrooms.1 toasted bread with butter **£10.75**

HALLOUMI BREAKFAST
A proper vegetarian breakfast and absolutely no regrets! Golden grilled halloumi (1 thick slice), egg, 1 veg sausage, mushrooms, 1 hash brown, toast & butter **£12.50**

EXTRAS
Extra sausage £1.85
Extra bacon £1.65
Extra hash brown £1.50
Extra mushrooms £1.99
Extra vegetarian sausage £1.99
Extra free-range egg £1.55
Extra thick grilled Halloumi £2.55
Extra toast - white bread £1.00
Extra toast - brown bread £1.20

CHICKEN WINGS

Crispy, juicy & flavoured, our wings are the ultimate crowd-pleaser.

DELICIOUS BUFFALO WINGS
Our wings deliver bold flavour in every bite. Served with fries and buffalo sauce.
Hot & Spicy Wings - 4pcs **£9.50**
Hot & Spicy Wings - 6pcs **£11.50**

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BURGERS

Our burgers, are delicious, beloved and served with fries.

GARFIELD CHEESE BURGER
Juicy & flavoured burger, loaded with a seasoned beef patty, melted cheddar cheese, cabbage, tomato, onion, and various toppings **£11.50**

CHIMI ANGUS BURGER
This is a premium flavour-packed burger, featuring high-quality Angus beef, served on a soft. toasted bun, topped with 1 slice of bacon, lettuce, tomatoes, onions, and pickles **£13.95**

CLASSIC QUARTER POUNDER
Simple, juicy and packed with flavour.
Single quarter pounder **£9.50**
Double quarter pounder **£10.85**

SIGNATURE DISHES

Dominican street food is our speciality.

YAMILA FRIED CHICKEN
Dominican-style crispy marinated fried chicken, served with fries and dipping sauce, is a popular accompaniment. **£12.50**

EMPANADAS
Empanadas are delicious pastry dishes, filled with a variety of savoury or vegetarian ingredients.
They are often served warm with a dipping pink sauce, enhancing their flavour. Available for TAKE AWAY too

CHICKEN EMPANADAS
Served standard with Pink sauce.
1 x chicken empanada **£4.85**
3 x chicken empanadas **£13.50**

HAM & CHEESE EMPANADAS
Served standard with Pink sauce.
1 x ham & cheese **£4.85**
3 x ham & cheese **£13.50**

BEEF EMPANADAS
Served standard with Pink sauce.
1 x beef empanada **£4.85**
3 x beef empanadas **£13.50**

SPINACH & CHEESE EMPANADAS
Served standard with Pink sauce.
1 x vegetarian empanada **£4.85**
3 x vegetarian empanadas **£13.50**

VEGAN (SPANISH RATATOUILLE) EMPANADAS
1 x vegan empanada **£4.85**
3 x vegan emapanadas **£13.50**

YAROA

Dominican street food made with crispy fries, layered meat and melted cheese- rich and perfect for sharing.

YAROA WITH SHREDDED CHICKEN

Yaroa is served hot and the creativity in toppings and sauces also allows for a wide range of flavours. Served on a crispy fries base.
Yaroa for 1 person **£14.50**
Yaroa for 2 (to share) **£18.50**

YAROA WITH GROUND BEEF

Yaroa with ground beef is a delicious way to enjoy it. It's perfect for sharing and can be a hearty meal. Served on a crispy fries base.
Yaroa for 1 person **£15.95**
Yaroa for 2 (to share) **£19.95**

SAUSAGES

Satisfy your cravings with our mouth-watering Fried Jumbo Pork Sausages - made with premium pork, seasoned with a special blend of herbs and spices, fried to crispy perfection

JUMBO FRIED SAUSAGES

Our sausage delivers juicy, smoky flavours that will keep you coming back for more! Served with fries, mustard, ketchup & ring onions
2 x Jumbo sausages **£9.50**
3 x Jumbo sausages **£11.20**

SEA FOOD

SCAMPI & CHIPS

A classic favourite, light, crispy breaded scampi, and absolutely delicious! Served with skin-on fries, garden pieces or coleslaw, a side of tartar sauce, and a wedge of fresh lemon.
Scampi & Chips + Coleslaw **£14.95**
Scampi & Chips + Garden pieces **£13.95**

CRISPY CALAMARI

Lightly battered 10 calamari rings, fried until golden and crispy, served with fried skin-on fries, mixed salad, lemon and tartar sauce. **£14.95**

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COMBO & PLATES TO SHARE

Our combo/sharing plates are the perfect way to kick back with friends and enjoy a variety of delicious flavours.

NACHOS (FOR TWO)

Nachos are a perfect balance of crispy, golden tortilla chips, melted cheese, refried beans, pico de gallo (tomato, onions, coriander), guacamole, jalapenos, sour cream. These nachos are perfect for sharing with friends.
NACHOS **£12.95**
NACHOS, grilled chicken breast **£14.99**
NACHOS, mince beef **£16.99**

DELICIOUS BUFFALO WINGS

Served with fries. Perfect for any occasion or simply to satisfy a craving, Buffalo Chicken Wings deliver bold flavour in every bite.
Hot & Spicy Wings-8pcs **£13.95**
Hot & Spicy Wings-10pcs **£15.95**
Hot & Spicy Wings-12pcs **£18.95**

JUMBO FRIED SAUSAGES

Our sausage delivers juicy, smoky flavours that will keep you coming back for more! Served with fries, pickles, mustard, ketchup & ring onions
5 x jumbo sausages **£16.95**
7 x jumbo sausages **£18.95**

EMPANADAS & BUFFALO WINGS COMBO

3 chicken empanadas, buffalo chicken wings, crispy fries and our house pink sauce. Perfect for sharing **£19.95**

EMPANADAS & JUMBO SAUSAGES

3 cheese & spinach empanadas, grilled jumbo sausages, crispy fries and our house pink sauce **£26.50**

SUNDAY ROAST

A proper roast, done right & freshly cooked, served with crispy roast potatoes, seasonal vegetables, Yorkshire pudding and rich gravy.

Sunday Roast (to be pre-ordered) - limited availability, served from 12.00 PM-3.30 PM
ANY ROAST, SAME PRICE

ROAST CHICKEN

Tender roast chicken slow roasted for flavour and juiciness, served with all traditional trimmings. **£16.99**

ROAST BEEF

Succulent roast beef cooked and rested for tenderness, served with all traditional trimmings **£16.99**

HALLOUMI VEGETARIAN ROAST

Grilled halloumi served with all traditional trimmings **£16.99**

VEGETARIAN QUORN FILLET

A delicious Quorn roast, meat-free and full of flavour, served with crispy roast potatoes, seasonal vegetables, Yorkshire pudding, and gravy. **£16.99**

SIDES & SAUCES

Choose your sauce or sides here

FRIED PLANTAIN (TOSTONES)
Golden fried plantain slices, crispy on the outside and tender on the inside **£4.65**

GARLIC BREAD BAGUETTE
5 slices **£4.25**

SKIN ON FRIES £3.95

MIXED SALAD
Mixed salad (NO cheese) **£3.55**
Mixed salad (WITH feta cheese) **£4.75**

FRIED CASSAVA (YUCA) £4.65

CHILLI SAUCE/TABASCO £1.85

ONION RINGS
3 x rings **£3.20**
5 x rings **£4.10**

PINK SAUCE £1.85

JALAPENOS £1.10

CHEDDAR CHEESE (SLICE)
1 x slice of cheese **£1.35**

DESSERTS

ICE CREAM
Vanilla, chocolate or strawberry
2 x scoops **£4.50**
3 x scoops **£5.50**

CHEF'S SPECIALS

DOMINICAN TRES LECHES
Our home-made three-milk sponge cake, soft, creamy and full of Caribbean flavour. Choose your topping:
***Cinnamon/Pistachio/Biscoff* £6.99**

CHEESECAKE (SPANISH STYLE)
Home-made creamy cheesecake, baked with a golden top and irresistibly smooth texture **£7.99**

JUST FOR KIDS

Little meals made for big smiles.
Simple, tasty, and kid-approved.
Served daily to kids under 12

GRILLED CHICKEN BREAST
Soft juicy grilled chicken made just for kids, served warm and ready to enjoy.
Grilled Chicken Breast + Fries **£6.85**
Grilled Chicken Breast + Vegetable Bars **£6.55**

KIDS CHICKEN GOUJONS
Golden, crispy chicken tenders made just for kids - crunchy outside, juicy inside, and super tasty. Comes with fries
Chicken Goujons (3 pieces + fries) **£5.99**
Chicken Goujons (4 pieces + fries) **£6.99**
Chicken Goujons (5 pieces + fries) **£7.99**
Chicken Goujons (3 pieces + vegetable bars) **£5.75**
Chicken Goujons (4 pieces + vegetable bars) **£6.75**
Chicken Goujons (5 pieces + vegetable bars) **£7.75**

KIDS' CHEESE BURGER
A classic kids' favourite, a beef patty with melted cheese in a soft bun. Cheesy smiles guaranteed! **£7.50**

KIDS CHICKEN BURGER
Grilled chicken in a soft bun - simple, yummy, and always a hit. **£6.95**

PIZZA
A fun-sized pizza with a soft, crispy base, rich tomato sauce, and lots of melted mozzarella cheese. Simple, yummy, and always a favourite!
Kids Classic Cheese Pizza **£7.50**
Kids GLUTEN FREE Pizza **£8.50**

CATERING FOR EVERY OCCASION

From birthdays and private gatherings to business meetings and corporate events, we've got the food covered.

Contact us today for a tailored quote by email at raquelkitchen25@gmail.com or call us on: 07385803625

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Allergen advice: Our food is prepared and cooked in food area where cross contact may occur. Our menu descriptions do not contain all ingredients. Please speak to a member of kitchen staff should you have any concerns or require more information.